



January 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10 EOM Meeting 2pm	11	12	13
14	15	16	17 Weight Loss Challenge—Portions 2pm Civic Center	18	19	20
21	22	23	24 Weight Loss Challenge—Portions 2pm Civic Center	25	26	27
28	29	30	31 WEIGH IN Weight Loss Challenge—Portions 2pm Civic Center			



February 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7 WEEK 1 Weight Loss Challenge—Portions 2pm Civic Center	8	9	10
11	12	13	14 WEEK 2 Weight Loss Challenge—Portions 2pm Civic Center	15	16	17
18	19	20	21 WEEK 3 Weight Loss Challenge—Portions 2pm Civic Center	22	23	24
25	26	27	28 WEEK 4 Weight Loss Challenge—Portions 2pm Civic Center			



March 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7 WEEK 5 Weight Loss Challenge—Portions 2pm Civic Center	8	9	10
11	12	13	14 WEEK 6 Mid point WEIGH IN!	15	16	17
18	19	20	21 WEEK 7	22	23	24
25	26	27	28 WEEK 8	29	30	31



April 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4 WEEK 9	5	6	7
8	9	10	11 WEEK 10	12	13	14
15	16	17	18 WEEK 11	19	20	21
22	23	24	25 WEEK 12 Final Weigh In!!	26	27	28
29	30					



May 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

COT

Primary Business Address
Your Address Line 2
Your Address Line 3
Your Address Line 4

Phone: 555-555-5555
Fax: 555-555-5555
E-mail: someone@example.com

Your business tag line here.

